



Knitted Bows



# Fitting in Knitting

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## *How to Knit a Bow*

Great for children or toys! A couple of small knitted bows for pigtails, or a larger one for a ponytail or headband. This bow knitting pattern helps with gift ideas - pick a favourite colour, choose your size, and maybe try garter or stocking stitch to get a variety of different styles.

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### How to Make it...

Made up of two knitted pieces oversewn together, with various designs to add your own little twist.

Complete Size - Small Bow - 5.5cm width x 3cm height

Complete Size - Large Bow - 9cm width x 4.5cm height

### What you will need...

Total time - From 1 Hour 20 Minutes Each Knitted Bow

4mm knitting needles (UK 8, US 6)

Chunky Double knitting yarn - any desired colour

Sewing up needle

Scissors

Stuffing/Toy Filling

### Before You Start...

#### Abbreviations

**K** = Knit **P** = Purl **St** = Stitch **Sts** = Stitches

**Cast On** - I use the thumb method.

**St-st** = stocking stitch. Alternating a row of knit stitches (right side), with a row of purl stitches (wrong side).

**Inc** = Increase - by knitting into the front and the back of the same stitch, to make two stitches out of one.

**K2tog** = Decrease by knitting two stitches together, making one stitch from two.

**Cast off** - P wise. US - bind off.

### TOP TIP

'Chunky' yarn is recommended - This results in a firmer bow, that is also a bit larger (less effort, more bow!)

### Small Bow

Make 2 for Each Bow

Time - 30 Minutes Each Piece

Size 5.5 cm

Needles 4mm

Yarn Chunky Blue

Cast on 8sts

Beginning with a K row, St-st 4 rows

Next Row \*K2tog, K to end, K2tog

Next Row P\*\*

Continue from \* to \*\* until 2sts remain

Next Row \*\*\*Inc Kwise, K to end, Inc Kwise

Next Row P\*\*\*\*

Continue from \*\*\* to \*\*\*\* until 8sts present

St-st 2 rows

Cast off P-wise.

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### Large Bow

Make 2 for Each Bow

Time - 40 Minutes Each  
Piece

Size 9 cm

Needles 4mm

Yarn Chunky Blue

Cast on 12sts

Beginning with a K row, St-st  
6 rows

Next Row \*K2tog, K to end,  
K2tog

Next Row P\*\*

Continue from \* to \*\* until  
4sts remain

Next Row \*\*\*Inc Kwise, K to  
end, Inc Kwise

Next Row P\*\*\*\*

Continue from \*\*\* to \*\*\*\* until  
12sts present

St-st 4 rows

Cast off P-wise

### Piece it Together...

Oversew row ends of the two  
bow pieces, with right side of  
st-st on the outside.

Stuff the bow lightly with  
stuffing/toy filling into both  
ends, before oversewing  
cast-on edges and cast-off  
edges of the two bow pieces.

Sew onto a hairband,  
headband or any other  
desired object!

### Make it Different!

Garter stitch may be easier  
for children or those who are  
learning. This will still result in  
a good bow, but it will be  
smaller and less sturdy.

Instead of chunky yarn you  
could use two strands of  
regular yarn, and if doing so,  
using two different colours  
can also have a nice two-tone  
effect.

Make your bow even bigger  
by casting on extra stitches  
and adding more rows to the  
decreasing and increasing  
parts of the pattern.

Add stripes by changing yarn  
colour every 2 rows. Or add a  
strip of colour to the end of  
each bow.

### Behind the Scenes!

These patterns are all made  
up as I go along, learning  
from mistakes along the way.  
Every time I create a new  
pattern, I record it in the Blog  
part of the website. Take a  
peek, as this can help give

you some more ideas and  
encouragement.

### All done?

Feel free to share your  
successes or any other tips  
or suggestions by contacting  
me (details via the  
*fittinginknitting* website.) If it's  
all gone swimmingly and  
you're ready for your next  
challenge, have a look at  
what to try next!

Happy Knitting! ☺

Ali

[fittinginknitting.co.uk](http://fittinginknitting.co.uk)

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### **The Disclaimer Bit...!**

Timings are approximate and so don't hold me to it. Children are constantly interrupting me, and it's easy to speed up or slow down depending on how happy/cross I am.

The sizes I have written are also approximate and so I will not be held responsible for time spent on creating these patterns or materials used should yours not quite look right. Everyone's yarn and tension will be different. I am not loyal to any particular brand of yarn - it's whatever I find in my basket from over the years.

Use these patterns as you so wish for personal use only, both for ideas or using the patterns to make your own. However, your own work is at your own risk. I am not taking responsibility for any personal, child, or other person needle injury or such-like. If using any of these patterns for ideas to make and/or give as a gift for a child, please choose appropriately for the child's age and ensure your sewing, particularly of buttons, is top-notch to avoid any choking hazards.